



BYDGOSZCZ 2019

**EUROPEAN UNIVERSITIES
HANDBALL CHAMPIONSHIP**

EUSA



**TECHNICAL
HANDBOOK**



**KAZIMIERZ WIELKI
UNIVERSITY**
BYDGOSZCZ









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I. Welcome Messages

1.1. Message from EUSA President

Dear Friends,

I am happy to greet you at the 10th European Universities Handball Championship in Bydgoszcz, Poland!

On behalf of the whole EUSA community, I would like to express my gratitude for inviting European student-athletes here. It's a wonderful occasion to be together and experience the beauty of sport. I am pleased to see so many sport lovers, who share values of fair play, equal opportunities and education, promoted by EUSA.

European Universities Championships 2019 organized in 23 sports make it possible for student-athletes to get to know each other and challenge their skills in a friendly atmosphere. During such events we do more than just sport – we broaden our horizons, get to know other cultures, we promote healthy mind in a healthy body.

Being an organizer of such an event is challenging but rewarding. I know it's a hard task, and I want to express my appreciation to the Organizing Committee and its partners for the great job they have done. And of course, my gratitude to the authorities for their auspices of this event.

I believe that this Championship will bring the participants positive experiences and good results. I am sure that the athletes will compete in a fair play manner, respecting the rules and their opponents and please the spectators with their performance.

I hope you will enjoy your stay, your achievements and your time spent in Bydgoszcz!

Good luck!



Adam Roczek
EUSA President



1.2. Message from President of the Organizing Committee

My Dear Friends,

On behalf of the whole Organizing Committee, we have the great pleasure to welcome all of you here in Bydgoszcz on such an important tournament which is the 10th European Universities Handball Championship.

We already organized the international events here in Bydgoszcz. In 2016, we held the World University Shooting Sport Championship here. In the next year, we are going to organize the World University Mind Sports Championship.

I would like to thank you for all the support we received from EUSA, the Kazimierz Wielki University and the city of Bydgoszcz. Without them, this event would not be possible.

We wish you great fun with the sporting spirit, values and fair play of course!

Katarzyna Domańska
OC President





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1.3. Message from EUSA Handball Technical Delegate

Dear Handball friends,

My colleague in technical matters Mr. Leopold Kalin and I would like to give you all a warm welcome at the 10th European Universities Handball Championship in Bydgoszcz, Poland.

We are going to have six days of exciting competition to decide who will take the championship. I am sure that the athletes will compete in a fair manner, respecting the rules and their opponents and please the spectators with their performance.

I hope you can also enjoy from the culture, kindness and hospitality of this beautiful city.

I wish you all a very enjoyable Championship, and may the best teams win!



María Carmen Manchado López
EUSA Handball Technical Delegate



1.4. Organizing Committee Technical Delegate

Dear Friends,

As the OC Technical Delegate, I would like to give my warmest welcome to all the participants of the 10th European Universities Handball Championship.

I am grateful that on this occasion we put attention on such a beautiful sport as handball. As this discipline is really valuable for us, we are even more glad that students from all over Europe have come here and been a significant part of this event. Without you, all this would be impossible. We have the pleasure to share these incredible moments with you. These next days will bring you the moments of joy and tears.

This European Universities Handball Championship will be another significant event in the history of this discipline. We hope that you will remember our city, country and the event in the best way possible.

I wish you all enjoyable stay and Good Luck!

Bernard Mendlik
OC Technical Delegate





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2. General information

2.1. Bydgoszcz

“Bydgoszcz - the capital of the Kuyavian-Pomeranian Voivodeship, a city with three state universities and other universities and colleges. Since the time the city was granted municipal rights by king Casimir the Great in 1346, it has grown to the rank of a dynamically developing economic center. Bydgoszcz is a city located in northern Poland, on the Brda and Vistula rivers. With a city population of 354 990 , and an urban agglomeration with more than 470,000 inhabitants, Bydgoszcz is the 8th-largest city in Poland. It has been the seat of Bydgoszcz County and the co-capital, with Toruń, of the Kuyavian-Pomeranian Voivodeship since 1999. Bydgoszcz is the seat of Kazimierz Wielki University, University of Technology and Life Sciences, and Collegium Medicum of Nicolaus Copernicus University in Toruń. The number of students amounts to 32 947. Bydgoszcz hosts the Filharmonia Pomorska concert hall, the Opera Nova opera house, and the Bydgoszcz Ignacy Jan Paderewski Airport. Due to its location between the Vistula and Odra rivers, and the water course of the Bydgoszcz Canal, the city forms part of a water system connected via the Noteć, Warta, Odra.”





2.2. Poland

“The Republic of Poland is a country located in Central Europe, bordered by Germany to the west; the Czech Republic and Slovakia to the south; Ukraine and Belarus to the east; and the Baltic Sea. The total area of Poland is 312,679 square kilometers (120,726 sq mi). With a population of over 38.5 million people, Poland is the 34th most populous country in the world, the 8th most populous country in Europe and the sixth most populous member of the European Union, as well as the most populous post-communist member of the European Union. Poland is also a member of the Schengen Area.

Poland is a country of representative democracy and according to the Global Peace Index ranks in the top 20 percent of the most peaceful countries in the world. The Constitution of the Republic of Poland adopted in 1997 is the supreme legislative act in Poland which established the country as “a democratic state ruled by law and implementing the principles of social justice.”

President, elected by popular vote every five years, is the head of the country. Prime minister, elected every four years, is the head of government. The Polish parliament consists of 460 members of lower house (Sejm) and 100 members of the higher house (Senat).

In 1999 Poland was divided into 16 voivodeships, 380 poviats, and 2478 communes. A commune is the smallest unit of the administrative division, whereas a voivodeship is the central and local government unit. Councils are the local government bodies which exercise power and are responsible for supervision. Elections to commune councils, poviats councils and voivodeship parliaments are general, equal, direct and held by secret ballot.”





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2.3. General Information about Handball in Host Country

The beginnings of Polish handball, compared to other European countries, are quite early as they reach back to 1918. They are associated with Polish legionaries interned in Szczypiornie near Kalisz, who learned in the prison camp of the new game from the German guards. After regaining independence and including part of Silesia to Poland, handball also began to develop in other cities.

Poland has a great experience in organizing academic sports events including handball. European and World Universities Handball Championships have been already held in Poland several times – WUC Handball in Warsaw (1977), Wroclaw (1998, Women), Gdansk (2006).

2nd European Universities Handball Championship was organized in Lodz (July 3-8, 2007) and the 7th European Universities Handball Championship took place in Katowice (June 26-30, 2013).

Bydgoszcz has been promoting its marketing image as a city of sport since the 1990s. The activity is run by many clubs in various disciplines. The city has a rich sports infrastructure. Bydgoszcz has deeply rooted traditions in water sports (rowing, kayaking), speedway sports, cycling, as well as athletics. Traditions of handball in Bydgoszcz date back to the interwar period.





2.4. General Information About University Sport Association (NUSA)

The University Sports Association (AZS - Akademicki Związek Sportowy) is the biggest sports students organization in Poland, that exists from the beginning of the 20th century. The AZS as the association was established in 1909 in Krakow and from there spread to all academic centers across the country. Because of believing in universal values, the AZS has survived all political circumstances, that Poland witnessed in last one hundred years. That is why AZS history is so great and successful and the association is nowadays the biggest students organization in Poland.

At present the AZS has more than 42 000 members, associated in more than 250 clubs, that trains in about 3 000 sections. AZS has many supporters thanks to the universal values, such as: love of sport, promotion of healthy and active lifestyle. For their members sport is not only about muscles and medals. In the first place it is a passion to achieve goals, that seem to be impossible. That is why the AZS has its Senior Clubs, which could be a great example to follow.



The AZS is based on a Statue, which includes its main purposes such as: promotion of volunteering, national identify and European integration, actions for handicapped and against pathologies or addictions. The association also encourage to take responsibility for the local environment. The AZS is an active member of International University Sports Federation (FISU) and European University Sports Association (EUSA) since their creation and takes part in system of international competition.





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2.5. General Information about Organizing Committee

KU AZS UKW BYDGOSZCZ



University Club of the Academic Sports Association of Kazimierz Wielki University (Klub Uczelniany Akademickiego Związku Sportowego Uniwersytetu Kazimierza Wielkiego - KU AZS UKW) was established in 1969. During several decades of existence, KU AZS UKW has demonstrated its professionalism through organization of many local, national and international sports events.

Regarding the national ones, for the last 7 years we have been the organizers of Polish University Rowing Championships. In 2017 and 2018 we also organized Polish University Handball Championships for men and women. In 2019 NUSA granted us four more Polish University Championships: Shooting Sport, Rowing, Handball Men and Handball Women.





When it comes to the international events, from 2004 to 2013 the association organized Wielka Wioślarska - Brda Cup which is an international sporting event devoted to rowing. In the Cup participated around 300 contestants and coaches from many countries including the Oxford and Cambridge crews. In 2011 and 2012 we organized the International Youth Volleyball Tournament where took part about 16 delegations from different countries. In 2016 KU AZS UKW was the host of the 6th World University Shooting Sport Championship. In the event took part nearly 600 participants: contestants, coaches, officials, jury members, technical staff members, volunteers.

This year from 4th till 10th July we have an honor and pleasure to organize 10th European University Handball Championship. Our chief priority is to organize this sporting event on the highest international level and to promote handball in the European academic world. We hope and believe that the participants will broaden their horizons and enrich their positive experience of doing sports and Bydgoszcz will become the next capital of handball.





2.6. Organizational Structure

2.6.1. Honorary Committee

Mr. Adam Roczek – **EUSA President**
Mr. Witold Bańka- **Minister of Sport and Tourism of the Republic of Poland**
Mr. Jarosław Gowin – **Minister of Science and Higher Education**
Mr. Alojzy Nowak – **President of Board of the University Sports Association of Poland**
Mr. Rafał Bruski – **Mayor of the City of Bydgoszcz**
Mr. Piotr Całbecki – **Marshal of the Kujawsko-Pomorski Region**
Mr. Mikołaj Bogdanowicz – **Kujawsko-Pomorski Voivode**
Prof. Jacek Woźny – **HM Rector of the Kazimierz Wielki University in Bydgoszcz**

2.6.2. Organizing Committee

President of the Organizing Committee

Katarzyna Domańska

Vice-President

Bernard Mendlik

Technical Area

Robert Walczak

Sponsoring Area

Krzysztof Kościański

Logistics Area

Magdalena Lewandowska

Daria Pawlewicz

Medical Area

Marek Jedwabiński

Financial Management and EUC Office

Magdalena Lewandowska

Facilities/Board and Accommodation Area

Jarosław Surwiło-Bohdanowicz

Volunteering Area

Agata Cieśluk

Emilia Kochańska

Leisure and Cultural Activities Area

Adam Skrętny

Media and Communication

Maja Pokorniecka

Agata Cieśluk

Paweł Podkopaiev

Marketing Area

Katarzyna Domańska

Competition Office

Maja Pokorniecka

Agata Cieśluk

Magdalena Lewandowska

Emilia Kochańska

EUSA Result Management

Robert Walczak

2.6.3. Handball Competition Committee

María Carmen Manchado López – **EUSA Technical Delegate**

Leopold Kalin – **EUSA Assistant Technical Delegate**

Robert Walczak – **OC Representative**

Mirosław Baum – **Polish Handball Federation Representative**



2.7. General Information about EUSA

EUSA

EUROPEAN UNIVERSITY SPORTS ASSOCIATION

“The European University Sports Association (EUSA) is an umbrella organization that comprises National University Sports Associations (NUSA) from 46 European countries, providing sporting activities, educational events, and expertise in policy making and programming. The organization is well known within the sector as a safe and strong voice for University sports in Europe, promoting fair play values, and supporting their membership by partnering with European Sports Federations and lobbying within the European Union, the Council of Europe and other institutions for funding to improve the provision of sport. EUSA is a proud and active associated member of the International University Sports Federation (FISU) and also works with other Continental University Sports Federations (CUSF).”

EUSA ACTIVITIES

SPORT EVENTS

European Universities Games

European Universities Games (EUG) is a multi-sport university sports competition governed by the European University Sports Association (EUSA). Participants in these events are European university teams and individuals.



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The Games are organized on a biannual basis, starting with 2012, with the latest European Universities Game taking place in Coimbra, Portugal in 2018. The Games as such represent the largest European multisport student event.

European Universities Championships

European Universities Championships (EUC) are university sports competitions governed by the European University Sports Association (EUSA). Participants in these events are European university teams and individuals.

The championships have been organized annually since 2001, starting with two sports. EUSA sports program as continued to grow, and currently the championships are organized with 23 sports taking place across Europe.

Cups, Patronage, Joint Events

EUSA Cups may be awarded to those sport events that are yet to be considered to be put on the list of sports for the European Universities Championships.

EUSA may grant its patronage to already established university sport events in Europe, helping to promote them through its networks.

EDUCATIONAL EVENTS

Conferences, Conventions & Seminars

As well as our General Assembly, EUSA supports and encourages educational activities in the field of student sport. These are mainly realised by the two events organised by EUSA: EUSA Seminars and EUSA Conventions.

EUSA General Assembly - the official meeting of the EUSA members and at the same time represents the highest authority and governing body of the organisation.

EUSA Seminars - organised biannually, and usually accompany the General Assemblies and focus on subjects which are of interest for the member organisations.

EUSA Conventions - organised annually as a training programme for the organisers of the European Universities Championships and European Universities Games.



PROJECTS

EUSA Projects & Partnership Projects

Apart from the Sports Competitions and other Educational Events, the European University Sports Association also runs independent projects, together with other partners. EUSA is currently engaged with a number of projects in the fields of Gender Equality, Dual Careers, Active lifestyle, Volunteering and more.

About EUSA Handball

In 2017 the European Universities Handball Championship was held in Antequera, Spain, welcoming a number of high quality teams. The German Sport University Cologne (GER) were eventually crowned champions of the Mens competition, and Ștefan cel Mare University of Suceava (ROU) were crowned winners of the female competition.

The latest European Universities Games was held in Coimbra last year, where the University of Bochum (GER) beat top competition to grab gold. Whereas in the womens competition, Aix-Marseille University (FRA) won gold in the own backyard.





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EUC 2019 PROGRAM

SPORT	LOCATION	OFFICIAL DATES
Rugby 7s	Orleans, France	June 12-15
Golf	Antequera, Spain	June 23-27
Badminton	Lodz, Poland	June 23-29
Handball	Bydgoszcz, Poland	July 4-10
Table Tennis	Camerino, Italy	July 15-20
Futsal	Braga, Portugal	July 15-23
Sport Climbing	Katowice, Poland	July 17-20
Basketball	Poznan, Poland	July 20-27
Football	Madrid, Spain	July 20-27
Beach Volleyball	Koper, Slovenia	July 21-26
Tennis	Podgorica, Montenegro	July 21-27
Orienteering	Olomouc, Czech Republic	July 24-27
EUSA-EHF Beach Handball	Zagreb, Croatia	July 24-27
Mind Sports:	Budapest, Hungary	July 24-28
Volleyball	Lodz, Poland	July 26-August 2
3x3 Basketball	Porto, Portugal	July 31-August 3
Combat Sports	Zagreb, Croatia	July 31-August 3
Rowing	Jonkoping, Sweden	September 4-7



3. Competition Venues and Services

3.1. Competition and Training Venues

1. Main Competition Venue is a sports hall belonging to the Kazimierz Wielki University in Bydgoszcz. Education Center of Physical Culture and Sports building is also a seat of our association - University Club of the Academic Sports Association of Kazimierz Wielki University, and there is located the Competition Office.



Venue details:

- total dimensions of the playing court fulfill the official handball court dimensions
- the dimensions are as follows: 49m x 30m x 12m
- surface type: parquet
- 8 dressing rooms with showers and toilets included
- seating capacity: 500



Address:

2 Sportowa Street
85-091 Bydgoszcz, Poland



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2. The second competition venue is Artego Arena. There the finals will take place.



Venue details:

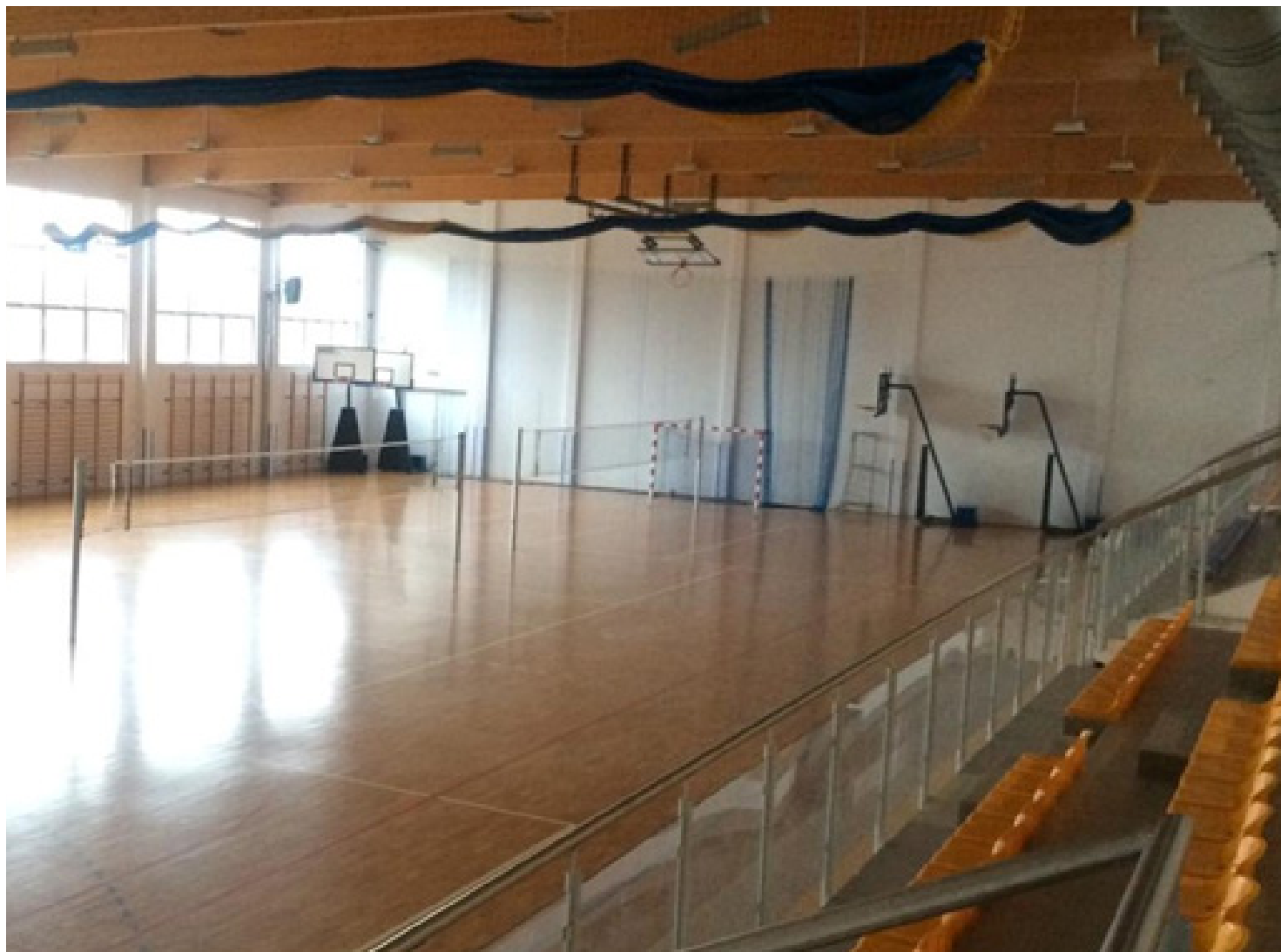
- total dimensions of the playing court fulfill the official handball court dimensions - the dimensions are as follows: 44m x 24m x 12m
- surface type: parquet
- 6 dressing rooms with showers and toilets included
- seating capacity: 1470

Address:

59 Toruńska Street
85-023 Bydgoszcz, Poland



3. School Complex No. 9 is the third competition venue.



Venue details:

- total dimensions of the playing court fulfill the official handball court dimensions
- the dimensions are as follows: 49m x 30m x 8m
- surface type: parquet
- 6 dressing rooms with showers and toilets included
- seating capacity: 500

Address:

59 Cicha Street
85-650 Bydgoszcz, Poland



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4. Elementary School No. 15 in Bydgoszcz Sports Hall is the training venue.



Venue details:

- total dimensions of the playing court fulfill the official handball court dimensions
- surface type: parquet
- seating capacity: 300

Address:

8 Czerkaska Street
85-641 Bydgoszcz, Poland



3.2. Sport Equipment and Material



The official ball model that will be used during the Championship is Kempa Spectrum Synergy Pro.



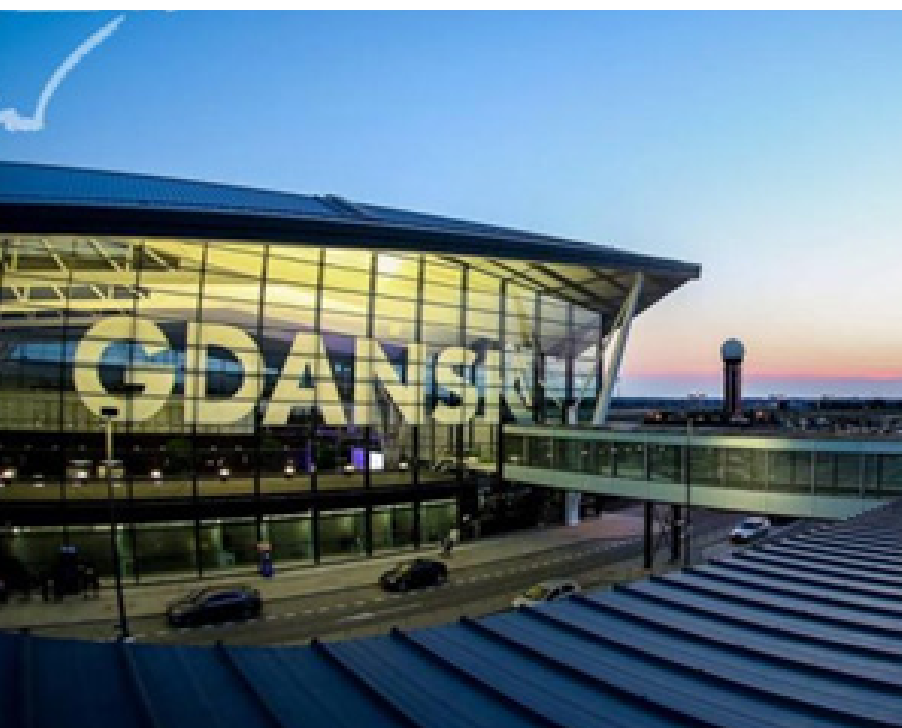
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3.3. Transportation

There are two official airports:



Ignacy Paderewski Airport
in Bydgoszcz



Lech Wałęsa Airport
in Gdańsk



Teams and referees will be transported to and from Bydgoszcz by special buses according to their travel plans. EUSA Family members and VIPs will be transferred by dedicated cars.

At the airport, participants should seek the official Championship stand and properly dressed volunteers.

Delegations which arrive and depart in a different way should inform the Organizing Committee in advance.

Shuttle buses:

There are two lines of shuttle buses transferring the participants to and from sporting venues, the hotels and ceremonies.



Public transportation in Bydgoszcz (buses and streetcars) will be free of charge for every accreditation card holder.



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3.4. Medical and Security Services

The OC will provide medical service for all participants in the event. The Medical Area will be available throughout the Championship. There will be an ambulance for each sports venue. We have hospital and various medical centers, all equipped with advanced technologies and many specialized professionals who will provide health assistance to the participants. The chief of our Medical Area is the Head of the Orthopedics and Motor Organ Trauma Department. He will coordinate the work of the medical specialists appointed to each venue. All the EUSA members and participants will be provided with sufficient medical assistance during the event.



Medical services will be available in all venues. There will be a fully equipped first aid box at the information desk, ice, and 24h medical cover. All sports venues will have a medical team on duty during competitions. The medical team members will wear distinctive, vivid clothing; hence, they will be visible instantly.



3.5. Accreditation Procedure

The accreditation process will take place on 3rd July during the whole day and till 5 pm on the 4th July in the Competition Office located at 2 Sportowa Street (CEKFiS building B) on the second floor in the room 309. The teams will be accredited according to the schedule: all the participating teams will be given a specified date and time to attend the Competition Office in order to complete the accreditation process.



The Head of the Delegation must possess the essential documentation specified in the EUSA EUC General Regulations:

REG 90 The delegation dossier to be presented to the SCAC Chair or Control Commission representative shall be completed in English and includes:

REG 90.1 team list with names, surnames and functions of each delegation member; in addition: team/competitor international and national ranking, competitors' shirt numbers and competition uniforms color (if required by Technical Regulations),

REG 90.2 HoD or team representative and coach (if present) mobile phone number available 24 (twenty-four) hours per day during the competition,

REG 90.3 signed EUSA Participants Code of Ethics,

REG 90.4 the individual dossier for each participant.

REG 91 The individual dossier for each competitor to be presented to the SCAC Chair or Control Commission shall be completed in English and shall include:

REG 91.1 a passport or national identity card (in classic Latin alphabet letters);

REG 91.2 if an active student: the EUSA Certificate of Academic Eligibility (Individual Entry) confirmed by the appropriate academic authority certifying that the competitor is officially registered for and pursuing a course of study;

REG 91.3 if a former student: proof by the University and date of graduation.



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3.6. Accommodation

1. **Hotel Brda** is a convenient place for relaxation and business meetings. Our hotel rooms, 9 conference rooms and a wide range of food services let us satisfy our guests' various needs. We can accommodate 300 guests and our biggest conference room fits 200 persons.



Consequently, the BRDA Hotel is a place where small and big conferences, training courses and events are organized.

Address:

94 Dworcowa Street
85-010 Bydgoszcz, Poland



2. **Maraton Hotel** is situated in the quiet part of Bydgoszcz. Thanks to excellent transport connection and proximity to city centre the hotel is a perfect starting point for sightseeing the city. It is only few minutes' walk to Myślęcinek, the biggest city park in Poland, where you can admire the virtues of nature.

At the same time we provide accommodation near one of the main streets of Bydgoszcz – Gdańska street, which makes the access to our hotel easy and trouble-free.



What is important, it is enough to go 1500 meters to admire the very city center!

Comfortable accommodation are not the only advantages of Maraton. It is the perfect place for various conferences, meetings and trainings. There are a lot of attractions for sports fans. The Zawisza Sports Complex, with the Gallery of Bydgoszcz' sport and Spa and Wellness Centre, is situated near us.

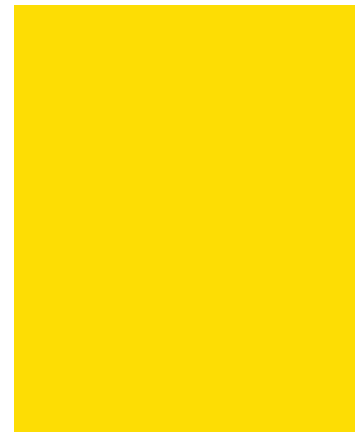
Address:

13 Powstańców Warszawy Street
85-683 Bydgoszcz, Poland



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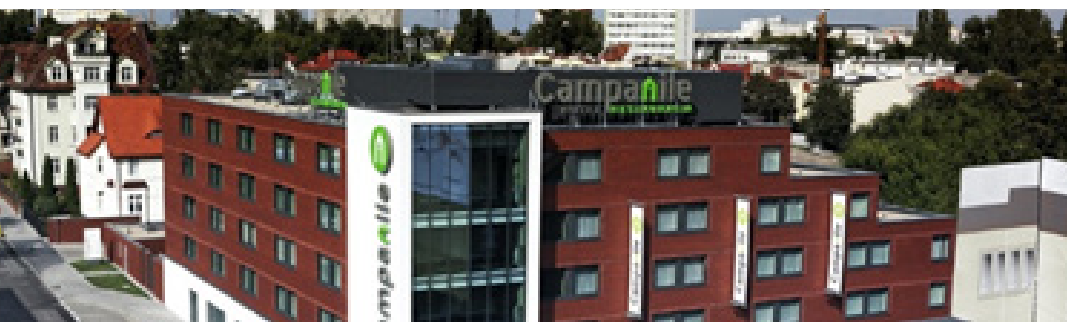
3. **Hotel Focus Bydgoszcz** is a two-star hotel, situated 3 km from the railway station, 8 km from the airport, near sports and recreation grounds, by the exit road to Gdańsk. It has 36 comfortable rooms, including also 3- and 4-person rooms. They are equipped with a bathroom, a TV set, a desk for work, a tea and coffee brewing set and mineral water. The hotel features a lobby bar, a sauna and a gym. The guests have also free Wi-Fi Internet and 3 conference rooms at their disposal. We offer to our guests a sandwich and coffee to have while travelling - always for free.



Address:

1 Modrzewiowa Street
85-631 Bydgoszcz, Poland

4. **Hotel Campanile *** Bydgoszcz** is situated in the city center. The distance from the hotel to the Old Town is 2 km, the Main Railway Station - 3 km, Bydgoszcz International Airport - 5 km. The bus stop is just 200 m. and a Shopping Centre – 100 m. The hotel offers 117 new generation air-conditioned rooms - 58 rooms with two separate beds and 59 with king size beds. Throughout the hotel Wi-Fi is included.



Address:

59 Jagiellońska Street
85-027 Bydgoszcz, Poland



5. **Elda Hotel** is a two-star facility situated near the city center of Bydgoszcz. The hotel offers 30 comfortable single, double, triple and quadruple rooms.



Address:

26 Fordońska Street
85-752 Bydgoszcz, Poland

6. **Zawisza Hotel** is a two-star facility which provides comfortable accommodation and excellent conditions to relax. The hotel is located in the modern Zawisza Sports Centre, 2 km from the center of Bydgoszcz. Perfect location ensures quick arrival to the most important touristic places, as well as peace and quiet – in the immediate vicinity there is the Forest Park of Culture and Recreation „Myślęcinek”



Address:

163 Gdańska Street
85-915 Bydgoszcz, Poland



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3.7. Catering

Breakfast will be served at the places of accommodation.



Lunch and dinner will be served in CEKFiS at 2 Sportowa Street in a building and a catering tent.

All meals will be served in buffet style. Menu will be rich in national and regional products and will change on a daily basis.

In case of a special diet, such as for instance vegetarian / gluten-free / lactose free, delegations should inform the Organizing Committee in advance.

All participants must wear their accreditation cards in order to access the dining rooms for all meals.

The opening hours of dining rooms:

- Breakfast: 6:30 am – 10:00 am
- Lunch : 1:00 pm – 4:00 pm
- Dinner: 6:00 pm – 9:30 pm



3.8. Insurance

Travel Insurance

REG 64 of the EUC Regulations states that delegations should have the appropriate insurance to cover their travel and participation in the event. Delegations should possess international health insurance for all its members.

The Organizing Committee will provide participants with basic health coverage but we recommend all delegations to bring additional travel and participation insurance.

The EU participants

Each member of the team should bring their European Health Insurance Card (EHIC). These cards are issued by your national health insurance provider free of charge. This card gives you access to necessary medical services. Having the EHIC is not equal to having travel insurance. It does NOT cover any private healthcare or costs such as a return flight to your home country or lost property. That is why it is also necessary to travel with appropriate travel insurance. If a member of a team fails to bring their EHIC, they must have their own health insurance for the time of stay. If something happens during the competition, they may NOT go directly to the hospital. Instead, they must contact their insurance company first then follow their procedure. Be aware that each country's healthcare system is different. Services that are free of charge at your country might NOT be free in Poland.

The participants from OUTSIDE the EU

If your country is not a part of the EU you should have appropriate health insurance and travel insurance for the time of your stay. If something happens during the competition, you must contact your insurance company first and then follow their procedure.

3.9. Safety and Security Rules

Highly qualified private security company will provide the security for the whole event. Local Police and the Bydgoszcz's Crisis Management Center is also notified and involved in the event's security.

The safety and security plan involves the arrival, stay, and departure of the participants. It covers the official ceremonies, hotels, venues, and transportation. The extent of safety procedure will be adapted according to the need in every aspect of the event. Only participants i.e. players and officials will have access to the changing rooms at the same time it will be restricted for any other person. The OC recommends to all the



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people involved in the Championship to behave according to the general rules and do not put themselves deliberately in danger. Bydgoszcz and other cities in Poland are safe places without death-threatening danger.

3.10. Information Center

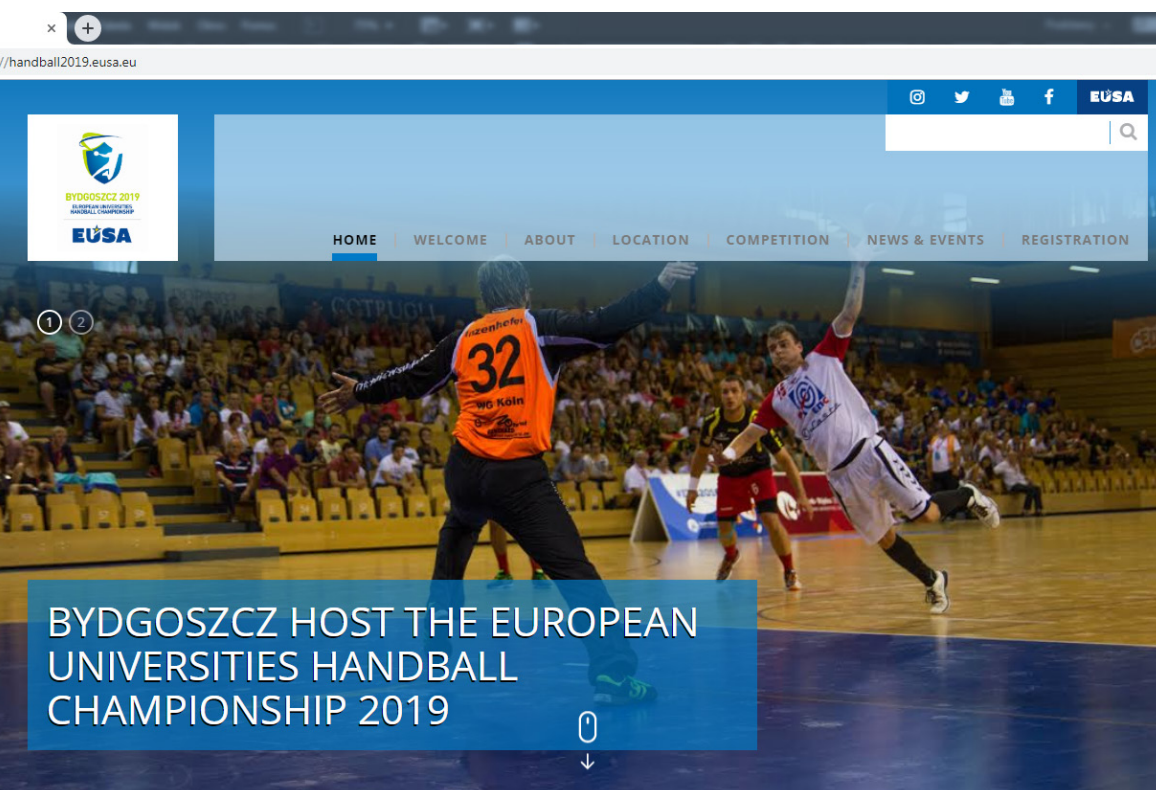
The Information Center and Competition Office will be located at 2 Sportowa Street in the CEKFiS building B on the second floor in the room 309 which also will be the headquarters of the Organizing Committee during the event. The participants should contact the Competition Office in case of any concerns, problems, and doubts related to the event.

The Competition Office will be opened from 9 am till 5 pm. In case of any emergency the following phone number will be available 24 hours a day: **(0048) 791-569-486**.

3.11. Online Information

3.11.1. Web Page

The main Web Page of the event is www.handball2019.eusa.eu

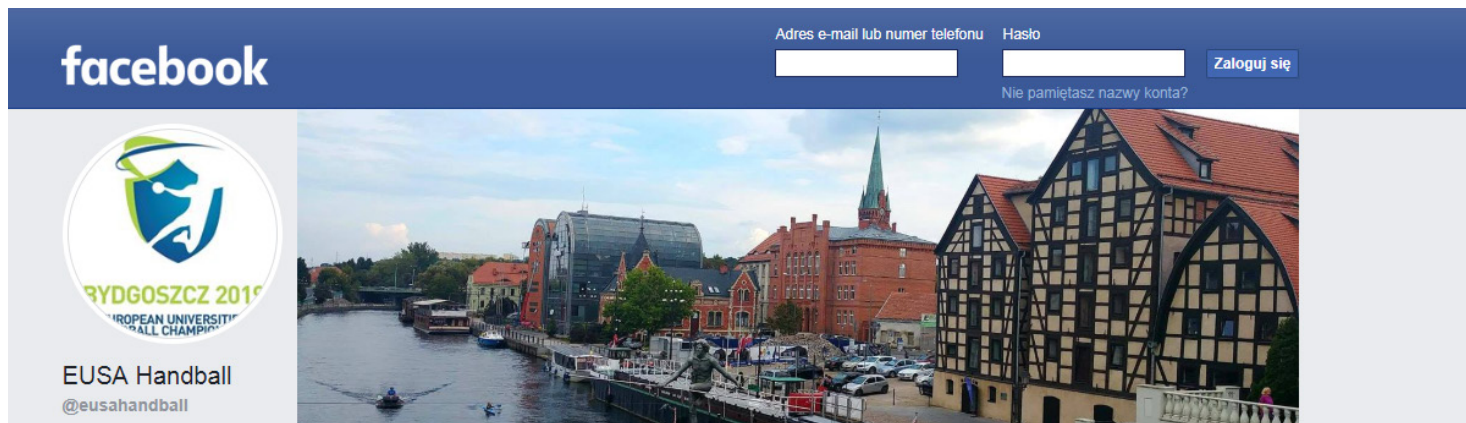




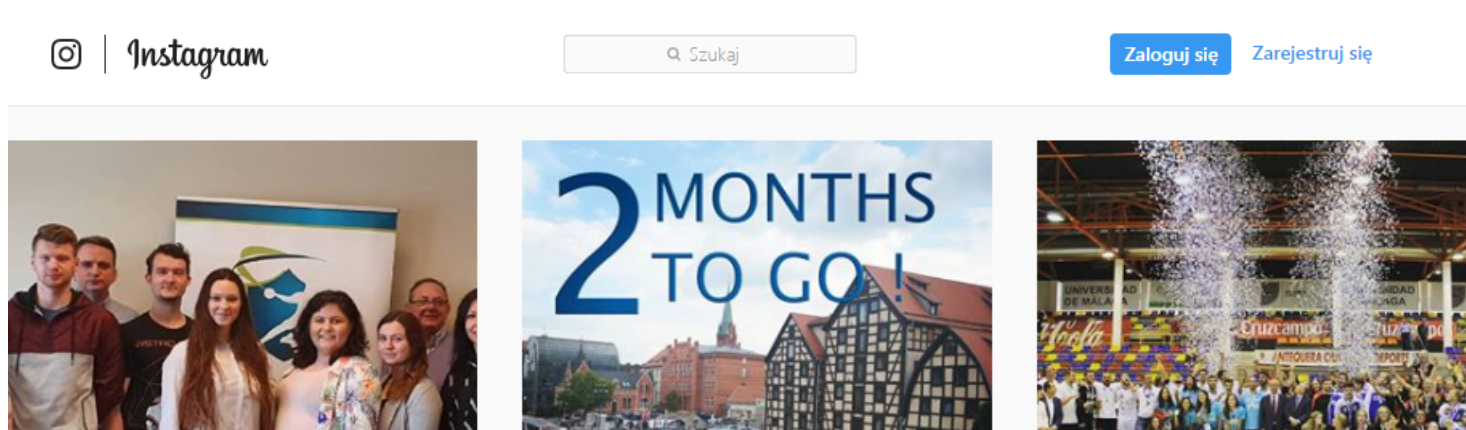
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3.11.2. Social Media

- Facebook: www.facebook.com/eusahandball



- Instagram: www.instagram.com/eusahandball



- Twitter: www.twitter.com/EUSAHandball





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3.11.3. EUSA Result Management System

Follow the action live via EUSA Results!





4. Rules and Regulations

4.1 Technical Regulations

“EUSA Rules and Regulations 2019 can be found on the EUSA webpage. This includes all general rules and regulations, as well as sport specific rules and regulations.”

The EUC Handball 2019 will be played according to the latest regulations approved by IHF. The preliminary round is played in groups.

The teams are divided in groups on the basis of the results of the draw conducted at the General Technical Meeting.

The draw will be done in the presence of the EUSA Representative taking into account the EUSA Handball ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

Preliminary round

Matches shall be evaluated as follows:

- each match won = 2 points
- each match drawn = 1 point for each team
- each match lost = no points

Teams are ranked according to the total number of points gained. If two or more teams have gained the same number of points after the group matches have been completed, classification is decided as follows:

- results in points between the teams concerned
- goal differences in the matches between the teams concerned
- greater number of plus goals in the matches between the teams concerned.

If the teams are still equal, a decision is made between those teams with equal number of points as follows:

- goal difference is subtracted in all matches
- greater number of plus goals in all matches.

If classification is still not possible, a draw shall decide. The IHF representative on site shall execute the draw, if possible in the presence of the ‘responsible team officials’. If the ‘responsible team official’ cannot be present, other co-workers selected by the IHF shall take part.



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Finals

After completion of the preliminary round, the finals shall be played in accordance with the knock-out system.

Overtime is played, following a 5-minute break, if a game is tied at the end of the regular playing time and a winner has to be determined. The overtime period consists of 2 halves of 5 minutes, with a 1-minute half-time break.

Should the match still not be decided after the overtime period, it is decided with 7 m penalty throws in accordance with Rule 2:2 of the Rules of the Game.

The IHF COC has the right to decide that certain matches will be executed with direct 7m penalty throws in accordance with Rule 2:2 of the Rules of the Game. If this rule applies, the decision will be published in the official announcement or together with the match schedule.

Rule 2:2

Should the match still not be decided after the overtime period, the winner will be determined in accordance with the rules for the particular competition. In the case that the decision is to use 7-metre throwing as tiebreaker to decide a winner, the procedures indicated below shall be followed.

If 7-metre throwing is used as a tie-breaker, players who are not suspended or disqualified at the end of the playing time are entitled to participate. Each team nominates 5 players. These players make one throw each, alternating with the players of the other team. The teams are not required to predetermine the sequence of their throwers.

Goalkeepers may be freely chosen and substituted among the players eligible to participate. Players may participate in the 7-metre throwing as both throwers and goalkeepers.

The referees decide which goal is used. The referees make a coin toss, and the winning team chooses whether they wish to throw first or last. The opposite sequence is used for all subsequent throws, if the throwing has to continue because the score is still tied after the first five throws each.

For such a continuation, each team shall again nominate five players. All or some of them may be the same as in the first round. This method of nominating five players at



a time continues as long as it is necessary. However, the winner is now decided as soon as there is a goal difference after both teams have had the same number of throws.

Players may be disqualified from further participation in the 7-metre throwing in cases of significant or repeated unsportsmanlike conduct (16:6e). If this concerns a player who has just been nominated in a group of five throwers, the team must nominate another thrower.

Team-Time Out

According to Rule 2:10 and Clarification 3 of the Rules of the Game each team has the right to receive a maximum of three team time-outs during regular playing time but not during overtime. No more than two team time-outs may be granted in each half of the regular playing time. Between two team time-outs of a team, the opponent must be at least once in possession of the ball. 3 green cards, bearing numbers 1, 2, and 3 respectively, are available for each team.

The teams receive cards bearing numbers '1' and '2' in the first half of the game and the cards no. 2 and no. 3 in the second half provided they received no more than one team time-out in the first half. In case they received two team time-outs in the first half, they receive only green card no. 3. Within the last 5 minutes of the regular playing time only one team time-out per team is allowed.

SPECIAL REGULATIONS FOR EUC 2019 HANDBALL

- The half-time break will be 10 minutes.
- If a game is tied at the end of the regular playing time in the placement matches for the position 1 till 4, will be used only one overtime (2 x 5 min) and then, if necessary, a winner will be determined by using 7-meter-throws according the Rule 2:2.
- If a game is tied at the end of the regular playing time in the placement matches for the position 5 till 12 a winner will be determined immediately by using 7-meter-throws according the Rule 2:2.
- The direct disqualification of player or team official (red card) will be automatically connected (without disciplinary procedure) with disqualification for the next following match.
- The disqualification with report of player or team official (blue card) will be automatically connected (without disciplinary procedure) with disqualification for the next 2 following matches.



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4.2 International Regulations and Exceptions

The organization of the EUC Handball shall be mainly based on the most recent Technical Regulations of the International Handball Federation (IHF) and European Handball Federation (EHF)

4.3 Eligibility to Play

REG 55 Only the following may participate as competitors:

REG 55.1 Students who are officially registered for and pursuing a course of study at: university, or similar institute with the status as an institution of higher education recognised by the appropriate national authority of their country. Participation of university teams from disputed territories is possible only for universities recognized either by the European University Association or the International Association of Universities. Such Universities will compete under University and EUSA flag. A student shall confirm his status by delivering completed, signed and sealed EUSA Certificate of Academic Eligibility (Individual Entry).

REG 55.2 Former students of the institutions mentioned above who obtained their academic degree or diploma in the academic year preceding the EUC.

REG 55.3 Competitors shall not be younger than 17 (seventeen) and older than 30 (thirty) years (by formula: the EUC Year – competitor's year of birth = age).

REG 56 If the official(s) of a delegation deliberately misinform the SCAC Chair about the eligibility of a competitor(s), the participant and the team of the sport concerned will be excluded from further participation in the current event: such fraud may give grounds for the termination of that country's membership of EUSA.





5. Competition Information

5.1. Competition Format

FEMALE COMPETITION		
GROUP A	GROUP B	GROUP C
AF1	BF1	CF1
AF2	BF2	CF2
AF3	BF3	CF3
	BF4	CF4

MALE COMPETITION		
GROUP A	GROUP B	GROUP C
AM1	BM1	CM1
AM2	BM2	CM2
AM3	BM3	CM3
	BM4	CM4

5.2. Training Program

Before the start of the competition, two venues will be available for trainings: School Complex No.9 at 59 Cicha Street and Elementary School No. 15 at 8 Czerkaska Street (depending on other determining circumstances related to the organization of the event).

Training sessions will not be pre-assigned any of the days of the Championship. Teams that want to make a reservation of the training court must communicate it to the organizers at least 24 hours before the training session. These training sessions would be of one (1) hour due to issues we can face regarding the availability of the court.

It is possible that all requests cannot be satisfied, so the times will be reserved on a first-come-first-serve basis.

For the training sessions, the Organizing Committee will provide 6 bottles of water (1.5 litres), but teams should bring their own balls.



5.3. Match Countdown

Teams should be at the playing hall 60 minutes before the start of the match. At least 30 minutes before the throw off, the playing court (or warming up area) will be at disposal of the teams. Teams will have to leave the court 8 min before the kick off, to start with the pre-match procedure. Teams and players will be introduced individually.

5.4. Sport Info Desk

The Sport Info Desk will be located in the Competition Office i.e. at 2 Sportowa Street, CEKFIS Building B, second floor, room 309.

5.5. Protest of Non-Technical Matters

REG 31 The SCAC is the highest authority of the EUC and controls overall organizational and technical aspects of the EUC. The SCAC main functions, but not limited to, are: the supervision and smooth running of the EUC, settling any dispute, dealing with complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding on any other matters not covered in these Regulations, at the time of the EUC.

REG 36 CTC supports SCAC and is responsible for: confirming the competition system (format) and daily schedule, dealing with any complaints or protests of technical nature and taking sanctions of a technical nature, appointing additional bodies and allocating responsibilities which might be required by rules of the concerned ISF/ESF or by necessities of the competition.

REG 68 The HoD or a person authorized by him/her may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of fifty (50) EUR except for the following sports: Basketball, Handball, Football, Futsal, Rugby 7s, Volleyball, Beach Handball and Water Polo, where the deposit is 200 (two hundred) EUR. If the protest is upheld, the fee will be returned.

The protests shall be submitted:

REG 68.1 within twenty (20) minutes after the end of the match, to the TD, for the match issues,

REG 68.2 before the start of next competition day, to the TD, if concerns results published by the OC,

REG 68.3 during the competition to the CTC for technical issues,

REG 68.4 during the competition to the SCAC for non-technical issues,

REG 68.5 within 7 (seven) days after the EUC to the EUSA EC.



5.6. Fair Play

Fair play is deeply embedded in the values of EUSA. The objective of promotion and encouragement of Fair Play is already set in the statutes of EUSA, as part of the core objectives of the organization. Partnership with the European Fair Play Movement in 2013 proves this even more. Since 2007, EUSA announces the best gesture of fair play in its sports event for the current year and awards the winners the special fair play recognition, Enno Harms Fair Play Award, named after the first EUSA President, a person very much devoted to fair play.

At every EUSA sport event, the organizers, EUSA representatives, and technical delegates pay special attention to the fair play gestures and attitude throughout the duration of the event. By participating at an EUSA sport event, participants are thereby swearing on an oath of respect and fair play. The oath is announced to the world by the student athletes, and by the officials before the official opening of any EUSA sport event.

A first in 2017, EUSA introduced the Fair Play green card at the European Universities Football Championship as a result of the close cooperation with the European Fair Play Movement. We are proud to see a successful introduction of this green card, which further promotes the values of Fair Play and good sportsmanship gestures on the field. As a result of these actions the people involved with the first showing of the Fair Play green card were welcomed at EUSA Gala 2018 in Madrid to collect the 2017 Enno Harms Fair Play award.

The prestigious annual EUSA Enno Harms Fair Play Award is awarded Athletes demonstrating fair play during the matches, following the rules and pursuing a “clean” game are awarded with a fair play recognition already during the event. EUSA Executive Committee members on its last meeting each year discuss the proposals received from all sporting events governed by EUSA in that year and select the team or individual to receive the Enno Harms Fair Play award which is formally handed to them at a special occasion – usually at EUSA Gala.

5.7. Anti-Doping

Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body.



In elite sports, doping is defined as a violation of one or more anti-doping rules:

1. Presence of a prohibited substance in an athlete's sample
2. Use or attempted use of a prohibited substance or method
3. Refusing to submit sample collection after being notified
4. Failure to file athlete whereabouts information & missed tests
5. Tampering with any part of the doping control process
6. Possession of a prohibited substance or method
7. Trafficking a prohibited substance or method
8. Administering or attempting to administer a prohibited substance or method

You can find the list of prohibited substances and methods on the internet. It's updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport. You should check every substance you are taking. Athletes need to completely avoid steroids, erythropoietin (EPO), stimulants, human growth hormone (HGH), marijuana and narcotics, and pay special attention also to dietary or nutritional supplements.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADIn), project aimed at establishing an European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also the International University Sport Federation (FISU) has been actively promoting sports without drugs, also on university sport level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent sportsman or sportswoman?

- Practice right and live healthy
- Get more information about consequences of Doping
- Play fair and be a good role model to younger athletes
- Be committed to sport without doping

Doping? **No, thanks!**



6. Participating Teams

MALE TEAMS	
CROATIA	University of Rijeka
GERMANY	German Sport University Cologne
GERMANY	University of Bochum
NORWAY	Norwegian University of Science and Technology
PORTUGAL	University of Minho
PORTUGAL	University of Porto
ROMANIA	Stefan cel Mare University of Suceava
SERBIA	University Union - Nikola Tesla
SPAIN	University of Granada
SWITZERLAND	Swiss Federal Institute of Technology in Zurich
TURKEY	Akdeniz University

FEMALE TEAMS	
CROATIA	University of Zagreb
FRANCE	Aix-Marseille University
GERMANY	University of Bochum
GERMANY	University of Hamburg
NORWAY	Norwegian University of Science and Technology
POLAND	Maria Curie-Skłodowska University
POLAND	Vincent Pol University in Lublin
POLAND	Kazimierz Wielki University in Bydgoszcz
PORTUGAL	University of Porto
ROMANIA	University of Pitesti
SPAIN	University of Valencia



7. Athletes Sport Equipment and Clothing

Balls

The official ball model that will be used in the Championship will be the Kempa Spectrum Synergy Pro IHF official ball. Teams are allowed to bring any model they like in the corresponding sizes for warm up or trainings. Size three will be used for men, and size two for women. The Organizing Committee will provide the balls for the games. However, teams should bring their own balls for their training sessions.

Kits

Each team is required to have at least 1 (one) full team kit in light colors and one full team kit in dark colors (blue and red are considered dark colors) for the matches of the EUC. Goalkeepers' kit must differ from court players' kit in both light and dark colors kit options. Each player's number announced during general technical meeting must be affixed on the back and front of the shirt of the respective player. The number must be clearly legible (in contrast color to the shirt), must range from 1 (one) to 99 (ninety nine) and be at least 20 (twenty) cm high on the back and at least 10 (ten) cm high on the front.

During the entire duration of the EUC competition each player must wear the same number.

8. General Technical Meeting

The General Technical Meeting will take place in CEKFiS building (where the competition office is located) at 2 Sportowa Street on 4th July at 5 p.m. There subjects concerning regulations, rules, and organization of the event will be raised and discussed. The GTM plan also includes draw.

The GTM is divided in three parts:

- First Part: Organizational part of the event, presented by the OC representative,
- Second Part: Technical part of the event, presented by the EUSA TD,
- Third Part: The draw of the event carried out by the EUSA TD.

Participation at GTM is compulsory for each and every team. Teams can be represented by a maximum of two persons (Head of the Delegation or/and an authorized representative). In case of their absence, the team may be excluded from the EUC.



During the General Technical Meeting the teams representatives are allowed to ask questions concerning all aspects of the event.

The representatives should present their two complete sets of uniforms (players, goalkeepers, and flying goalkeepers shirts, shorts and socks) during the GTM.

8.1. Draw Procedure

1. The draw procedure shall be:

- 1.1 in agreement with the competition system (format),
- 1.2 explained to the GTM audience,
- 1.3 carried out in front of the team representatives.

2. Names of the participating teams can be put in the “non-transparent balls” in advance. The opening of the balls shall be done transparently.

3. The draw procedure cannot be repeated, unless a mistake is done, and this is approved by the TD.

4. The results of the draw shall be delivered to participating teams immediately after the General Technical Meeting.

9. Awards

9.1. List of Awards

- Cups (Team)

Achievement: 1st, 2nd, 3rd

Title: European Universities Handball Champion

- Medals (Athletes and Officials)

Achievement: 1st, 2nd, 3rd

Title: European Universities Handball Champion

9.2. Sport Regulations for other Awards

- Fair Play (Team)
- Most Valuable Player (Athlete)



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9.3. Awards Ceremony

The Award Ceremony will take place at 10th July in Artego Arena following the final match.

Medal winners or their representatives must attend the medal Awarding Ceremony. The ceremony will be postponed if none of the medal winners can attend (i.e. the athletes themselves and not their representatives).

The athletes are not allowed to bring on the podium the national flags or/and national, cultural or religious symbols.

Athletes are expected to take off caps when receiving their medal and hold them in the hand through the ceremony (i.e. playing EUSA anthem and raising of the flags as appropriate).

All medalists must remain at the disposal of the press after the medal awarding ceremony for photographs and interviews.

9.4. Diplomas and Certificates

All participants including athletes, referees and volunteers will receive a certificate of participation electronically.





10. Protocol, Ceremonies & Accompanying Program

10.1. Opening Ceremony

The Opening Ceremony will take place on 4th July at 6:30 pm and will last about an hour. It will take place at the sports ground of the Education Center of Physical Culture and Sports (CEKFiS). Attendance is obligatory for all the members of the delegations, and they will have to participate in it.



There will be a group of volunteers helping participants to arrive on time to the destined place. Also, volunteers will be next to you during entering the scene with the flag and plate of your name of the country. We kindly ask you to be on time in order to know what will happen during the ceremony.

After occurring on the scene volunteers will lead the representatives out of the scene so they can keep watching the further part of the ceremony.

The authorities will also be part of this ceremony. They will be asked to give their speeches and words of support.

Please respect the EUSA anthem standing up straight when the, 'Gaudeamus Igitur' is played.

Due to the high number of participants, the ceremony might take longer than initially planned so we would like to ask all the delegations for patience and understanding beforehand.



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10.2. Closing Ceremony

The Closing Ceremony will take place at the Artego Arena on 10th July. The procedure will be similar to the Opening Ceremony.

All teams and their members must take an active part of the ceremony as previously. Before the Closing Ceremony, the Awarding Ceremony will take place.

10.3. Cultural Activities



Bydgoszcz is not only a city of sport but also of beautiful landscapes. There are numerous places worth visiting. While being here we encourage the participants to explore the following places:

1. **“Mill Island** is a spatial heart of Bydgoszcz. One of the most unusual and enchanting places in Bydgoszcz. What makes the Island unique? First of all, its location in the heart of the city, just few steps from the Old Market Square. Starting from the Middle Ages, the Mill Island was the industrial centre for the next few centuries. The royal mint was located on the Mill Island, operated from 1594 to 1688. Nowadays, the Mill Island is a green oasis in the city centre. Most of the buildings located on the Island Mill are from the nineteenth century. However, so-called cellar of the White Granary still remember the fifteenth century. Water, footbridges, old mills (now museums), red-brick buildings reflected in the depths of Młynówka (called Bydgoszcz Venice), groomed green-all this create an atmosphere of Bydgoszcz river island.”



2. “**Exploseum** - The secret of the mysterious ruins lay hidden in the Bydgoszcz Forest for fifty years. Only the older residents, remembering the times of the Second World War, knew that several kilometres from the operating chemical plant and newly developed industrial park, there was a place known for inhuman forced labor involving over 40,000 workers of the former DAG Fabrik Bromberg. In 2008, the decision was made to transform part of the area into a museum. Out of several hundred buildings that in 1939-1945 were part of a huge concern providing the Third Reich with nitroglycerin, trinitrotoluene and smokeless powder, a dozen or so were separated and connected by tunnels. They are created by two twin lines NGL – Betrieb, i.e. nitroglycerin production.



One of them was designated as a museum – Exploseum, while the second one, as a permanent ruin, shows the mark left by time on the buildings and preserves their original look. A visit to the Exploseum provides extensive knowledge on military technology. A tour through its myriad, murky and concrete corridors will certainly be remembered for a long time.”





3. “**The Water Tram** is a major tourist attraction in Bydgoszcz with thousands of satisfied tourists cruising every year. The trip on a water tram starts at Rybi Rynek.”



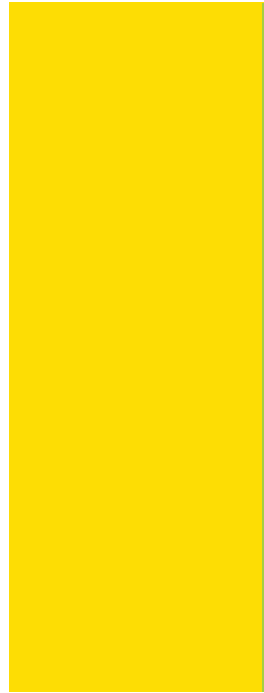
4. “**Man crossing the River** was unveiled on the 1st of May 2004 to commemorate the Polish entry into the European Union. The sculpture was placed on the ropes stretched between the banks of the Brda river and that is a phenomenon. The center of gravity was shifted below the rope. Thanks to this, the sculpture maintains a balance. „Man crossing the River” is accompanied by a swallow. In German language it means ‚schwalbe’. And Szwalbe is the name of the founder of the Pomeranian Philharmonic in Bydgoszcz.”



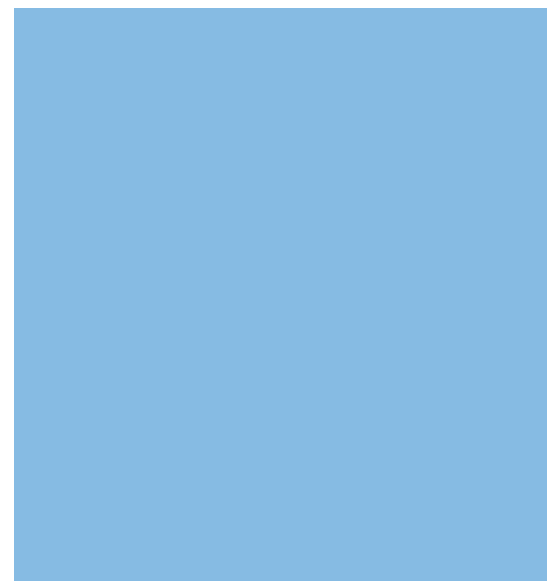


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5. “**Myślęcinek** - In the northern part of the city, just 5 km from the centre, there is the Forest Park of Culture and Recreation - Myślęcinek. One of the largest recreational complexes in Poland it covers an area of 830 ha, of which nearly 500 ha are forest areas that include hundred year old specimens of deciduous trees.”



6. “Located in the center of Bydgoszcz on a scenic bend of the River Brda close Mill Island, **Opera Nova** is the city’s distinctive and easily recognizable landmark.”





7. “What connects Bydgoszcz with Dubrovnik, Stockholm or Cape Town? The 18th meridian east runs through these cities. Its exceptionality consists in the fact that it helped cartographers draw flat maps. When searching for the 18th Meridian, it’s worth trying to play the popular geocaching and find the hidden “treasure.”



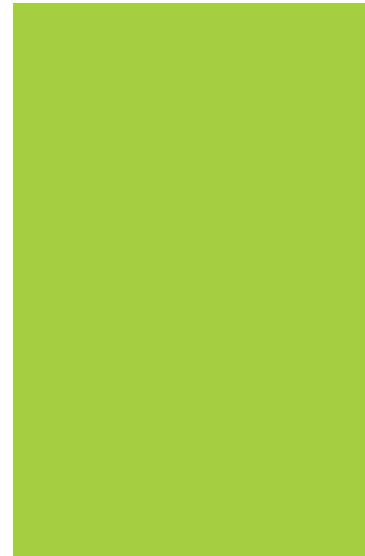
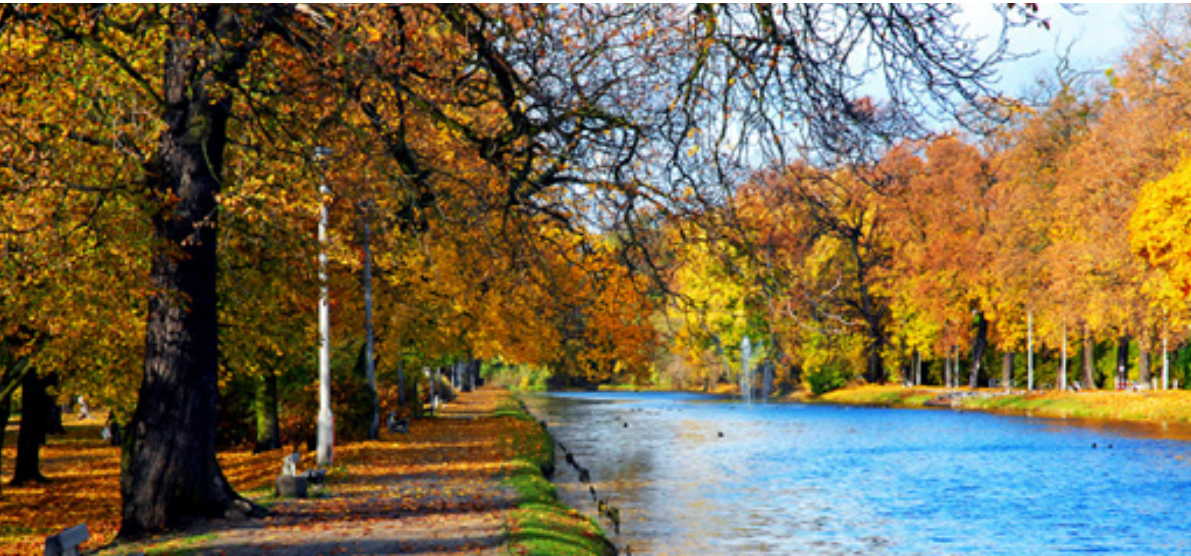
8. “**Water Tower** in Bydgoszcz - In 1900, on the hill known today as Gen. Henryk Dąbrowski Hill, which is the highest site in relation to the water intake in Las Gdański (Gdańsk Forest) the water tower (designed by Franz Marschal) was opened. It played an important role in the modern waterworks system of Bydgoszcz.”



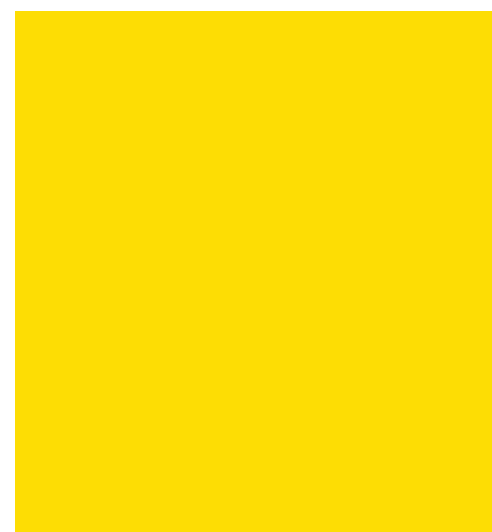


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9. “**Bydgoszcz Canalis** a canal, 24.7 km long, between the cities of Bydgoszcz and Nakło in Poland, connecting Vistula river with Oder river, through Brda and Noteć rivers (the latter ending in the Warta river which itself ends in Oder). The level difference along the canal is regulated by 6 locks. The canal was built in 1772-1775, at the order of Frederick II, king of Prussia (after annexation of western Poland by Kingdom of Prussia in First Partition of Poland).”



10. “**St. Vincent de Paul Basilica Minor** in Bydgoszcz is located in downtown Bydgoszcz, Ossoliński Alley, 2. It is dedicated to saint Vincent de Paul. The basilica, completed in 1945, has been designed by Polish architect Adam Ballenstedt and comprises the church, a monastery and a park. It has been registered on the Kuyavian-Pomeranian Voivodeship Heritage List on May 30, 1996. Minor Basilica dedication has been carried out during a ceremony chaired by Pope John Paul II, on June 3, 1997.”





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